



WINGS

Annual Report



2022/
2023

Content

Mission, Vision, Values

Message from the Board Chair & Executive Director

Board of Directors 2022/23

Our Programs

2022/23 Financial Snap Shot

Demographics

Our Supporters

Endowment & Planned Giving

Nominations Report

Mission, Vision, Values



Our Mission

We save lives and create futures for women and children fleeing domestic violence.



Our Vision

We find, fund, create and deliver the most effective programs to help women and children achieve a life defined by safety and independence. We want to have a life free from family violence for every woman and child.



Safety

Nothing else matters if we are not safe.



Inspire Every Day

We're here to inspire everyone that crosses our path - clients, staff, supporters and friends.



Excellence and integrity in action

Excellence and integrity are at the forefront of every thought, decision, action, they result from a pattern of consistent behaviour, not a temporary focus.



Respect for all

We serve with kindness and without judgement.



Believe in the possible

We believe that the future will always be better. Better is possible.

Message from the Board Chair & Executive Director

WINGS – Women In Need Growing Stronger. Each year this, our name and our purpose grow more true. This past fiscal year, WINGS provided safe and secure housing, critical counseling, and services for more than 300 women and children fleeing dangerous domestic violence situations. We have supported over 5,020 women and children since we opened our doors in 1986.

All of this has been possible because of you, our supporters.

With over 55% of our operating budget funded through fund development efforts, we depend on the support of the community to help ensure we can continue to fulfill our mission of saving lives and creating futures for women and children fleeing domestic violence. Thank you for all of your support this past year!

Our dedicated staff are the lifeblood of our organization. They work hard each day to help provide our moms and their children with the tools and support they need to leave domestic violence behind for good and lead safe, empowered and happy lives. Thank you to each and every one of our staff members who make these dreams possible for our families.

Along with our staff, is a small but fierce group of volunteers. From volunteering your time with our children in our daycare program, selling tickets at an Oilers 50/50 event, to putting in hours upon hours planning our special events like the Mother's Day Tea, WINGS would not be the organization it is today without you. Thank you!

And finally, thank you to our Board of Directors. Working with you has been an honour and a privilege. Each of you brings unique skills and unwavering dedication to seeing our organization and the families we support be successful. Thank you for your gift of time, knowledge, and passion.

We appreciate you joining us at our 37th Annual General Meeting to celebrate the successes of this past year and thank you for all you do to ensure the continued success of WINGS of Providence Society.

Kathy Collins
Executive Director

&

James E. Cregan, K.C.
Board Chair



2022/2023 Board of Directors

*prior to June 13, 2023 election



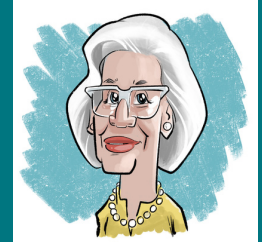
James E. Cregan, K.C.
Board Chair



Tami Wetmore
Vice-Chair



Ashley Moisey
Treasurer



Dr. Moira F Juliebo Walker
Secretary



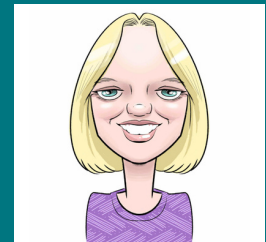
Heather Beyko
Director



Pat Garrett
Director



Suzanne Harbottle
Director



Jennifer Ingledew
Director



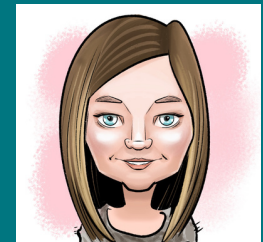
Parm Johal
Director



Anani Klutse
Director



Anna Mayer
Director



Marcia McDonald
Director



Jennifer Morrison
Director



Sister Rezebeth Noceja
Director



Carmen Werbowetsky
Director



Kathy Collins
Executive Director
ex officio


Thank you for your service!

Our Programs

WINGS creates a safe and welcoming home for women and children. Our trauma-informed approach, intensive counselling, onsite childcare, life skills training, as well as child and youth programs – encourage healing for the whole family. We give women time to process and the tools they need to recover from the horrific trauma they have experienced. Our full-circle healing helps women and children become more stable, access new skills and set a healthy course for their lives.

Counseling, Social Support and Life Skills Education

- One-on-one and peer counseling
- Group counseling
- Healing circles
- Safety planning
- Mental health and addiction support
- Health Education sessions and medical follow up with onsite NP
- Court accompaniment
- Food Pantry and Grocery Gift Cards
- A Donation Program providing clothes, personal items, school supplies, and household goods
- Family and holiday events including BBQs, pizza parties, field trips, arts & crafts activities
- Life skills education including:
 - Collective Kitchen program (teaching cost effective nutritional meal planning and cooking)
 - Financial Literacy
 - Humanities 101 (UofA)



62 Women and
126 Children
admitted in
2022-2023



104 women &
211 children
served in
2022-2023



1,584 women &
3,439 children
served
since opening



Number of requests in 2022-2023 we were unable to accommodate due to capacity: 63 women & 107 children

Long-Term Housing & Outreach

- Safe, long-term, affordable housing to promote continued healing and independence
- Two apartment buildings (49 suites), located directly beside each other – WINGS' Second Stage Shelter and The Home Next Door
- Two and three-bedroom, fully furnished suites in a safe, supportive, and welcoming environment
- Barrier Free apartments are available
- A live-in caretaker and on-site security for enhanced safety
- Outreach Program, which continues to support women and their children as they integrate into the community:
 - Provides Counseling support and education/information resources to families overcoming the effects of domestic abuse
 - Assists women with ongoing safety planning and safety checks
 - Helps women to identify their goals
 - Provides advocacy, referrals, and networking support
 - Accompaniment to court and other scheduled appointments and more



Support for Children & Youth

- Onsite Daycare & Out-of-School Care with hot lunch program, nutritious snack, and trauma informed early education programs.
- Teen group, safety planning, and early intervention support
- Kids groups, activities, and field trips
- Recreational programs
- Summer camp
- Dog therapy and more!

"Since I first arrived in Alberta, I have learned a great deal about why men abuse and why women stay. I have learned about the effects on the whole family and how to begin to heal from the abuse. I never spoke to anyone about my sexual abuse before I came here. My self-esteem is slowly rising now, and so is my confidence. The shelters in Alberta have an abundance of resources and staff is always willing to find more. If they don't have an answer they will bend over backward to find it. WINGS for me, has been a godsend. It has provided me a safe place, both physically and emotionally to pull it all together and begin a positive journey to recovery. With the help of my councilor and the wonderful staff here, I am starting to set realistic goals and learning to

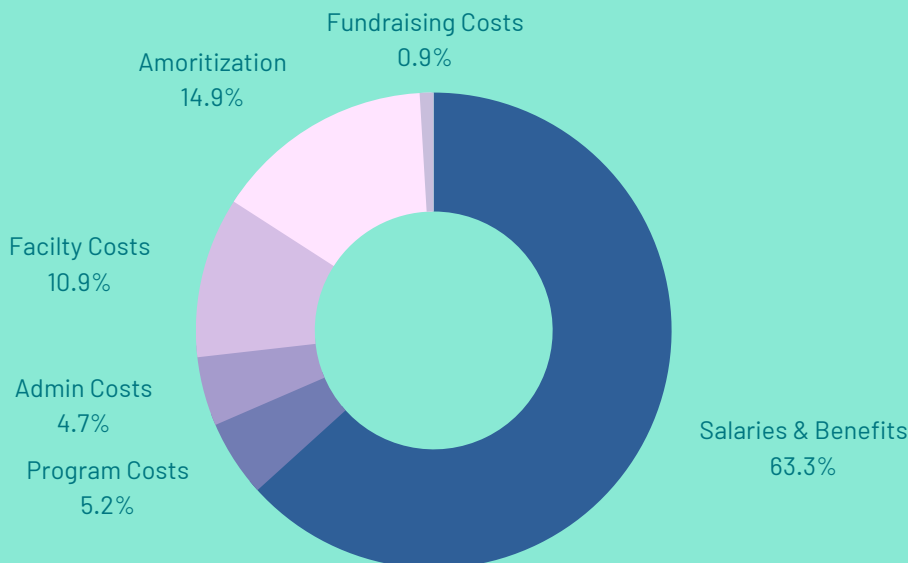
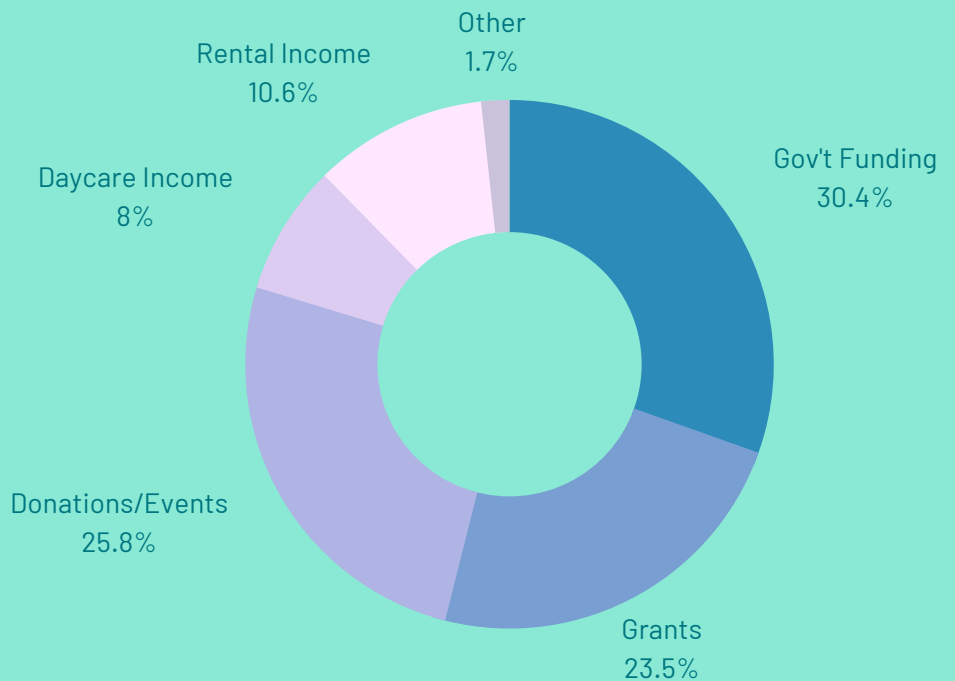
take it one day at a time. For the first time in my life I feel safe, understood, helped along, and most of all like I have people around me who care about me! I can't begin to tell you how good it feels. WINGS is the beginning of a long journey for me but I can't think of a better place to begin! Every abused woman and child should have WINGS." ~ a mom at WINGS



2022/23 Financial Snap Shot

Total Revenue \$2,969,862

Government Funding - \$905,342
 Grants - \$698,734
 Donations/Events - \$766,921
 Daycare Income - \$236,686
 Rental Income - \$315,977



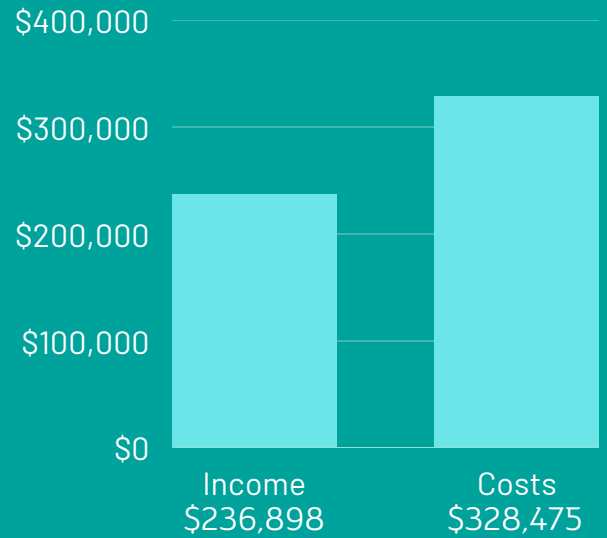
Total Expenses \$2,888,972

Salaries & Benefits - \$1,815,720
 Program Costs - \$169,385
 Admin Costs - \$134,858
 Facility Costs - \$313,069
 Amortization - \$428,814
 Fundraising Costs - \$27,125

Our Rocky Forest Day Care program requires a higher level of care due to the effects of trauma associated with experiencing domestic violence; it is staffed at 2x the ratio of other community day care programs, allowing children the specialized support they need to heal and thrive! - support from the community through fundraising efforts allows WINGS to subsidize the additional costs associated.



Rocky Forest Day Care Revenue & Expenses

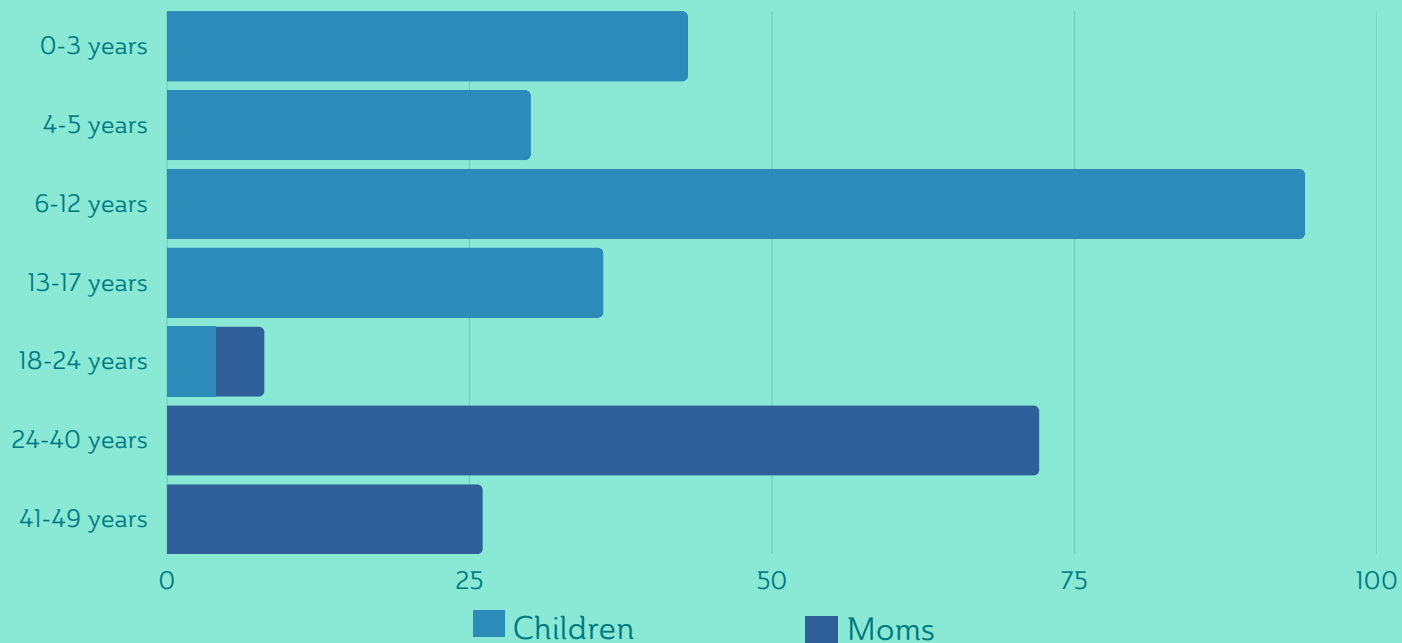


WINGS Staffing Breakdown (Full-Time Equivalencies)

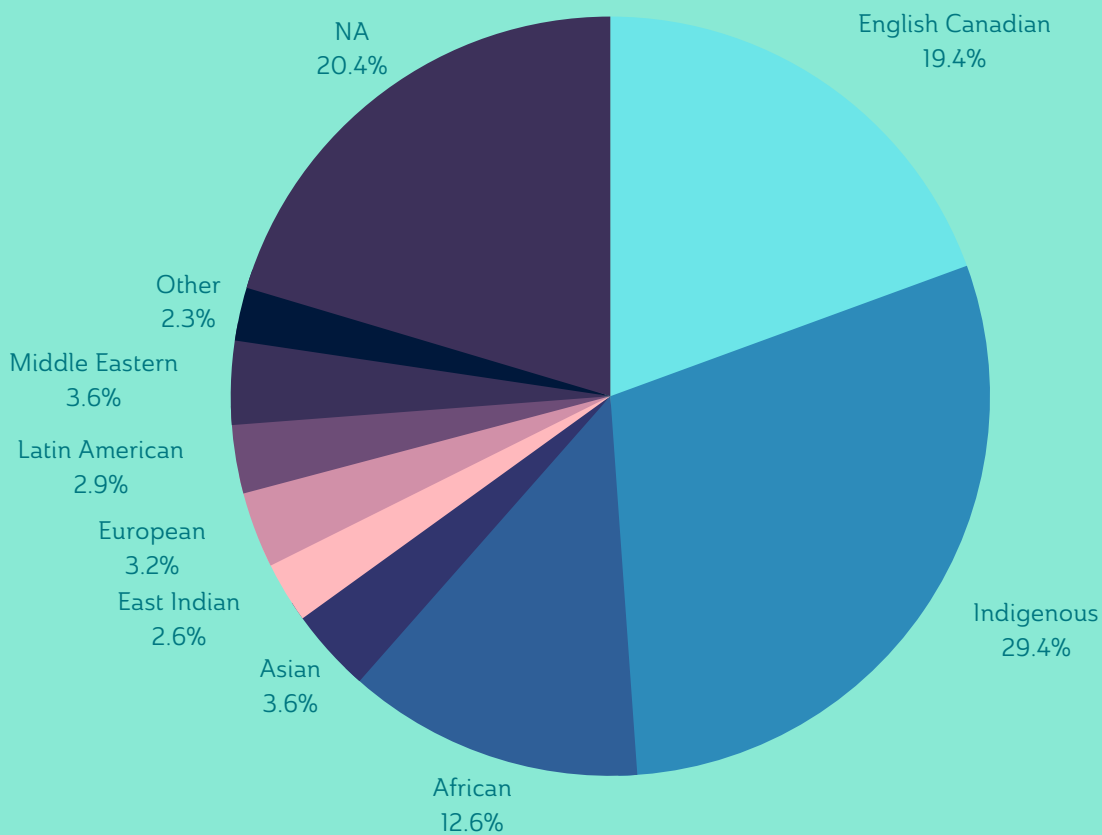


Demographics

Age of Women & Children Supported



Cultural Background of Residents



Thank you to our supporters!



The 2022/2023 year saw a return of many of the programs and activities that have been cherished by our organization for many years. We are so grateful to our many supporters who made this happen.

Along with the generosity of our annual donors, who helped us raise over \$600,000 last year, we were also supported through a number of third-party events including Global Edmonton for the "Give Me Shelter" campaign, raising over \$12,000, Shoppers Drug Mart for supporting us through the "Love You" campaign, contributing over \$48,000, as well as Remax and the Edmonton Oilers Community Foundation who supported WINGS through a 50/50 event held on New Year's Eve 2022. Your tremendous support has been so valuable to our programs this year!



Thank you to all of the incredible funders who provided grants totalling over \$450,000 to help fund our programs and projects last year.

Thank you to our 2022/2023 Grant Funders!

Charitable Works, The Cliff Lede Family Foundation, the Edmonton Public Teachers Association, the St. Pauls Foundation, The City of Edmonton, United Way Alberta Capital Region, William & Florence Lede Family Foundation, and Women's Shelters of Canada.



Thank you to our Major Corporate Donors who supported WINGS last year!

\$1,000 - \$2,499

- Al Terra Engineering Ltd
- Because I Love You Parent and Youth Society
- Brookfield Residential
- Congregation of Notre Dame
- Edmonton Millwoods Breakfast Lions Club
- Edmonton Glenora Rotary Society
- Engelking Foundation
- Holy Family Columbus Club
- Millwoods Community Church
- Maunders McNeil Foundation
- Samuel Son & Co
- Sisters of Holy Cross
- Spartan Controls Ltd
- St. Joesph Charities Society

\$2,500 - \$4,999

- ATCO EPIC
- The Cosmopolitan Int. Club of Edmonton
- The Dinner Optimist Club of Edmonton
- Edmonton Employee Benefits Association (EEBA)
- The 1492 Discovery Society

\$5,000 - \$9,999

- JC Gas Inc
- Rotary Club of Edmonton-Urban Spirits
- Sisters of St. Joseph of Chambery

\$10,000 - \$24,999

- Forest Family Foundation
- McEachern Management Ltd

\$25,000 - \$49,999

- The Kiwanis Club of South Edmonton

\$50,000+

- Fairway Legacy Foundation
- Kristie Charitable Foundation
- PetroComm Ind.



Alone we can do so little; together
we can do so much

~Helen Keller



Endowment & Planned Giving

Each year through the Edmonton Community Foundation, WINGS is supported with generous endowment gifts. Whether through contributions to WINGS endowment fund or independent family funds naming WINGS as the designated recipient for all or a portion of the annual grants, gifts of endowment help secure the future of WINGS and the families we support. Contributing to an endowment fund is an excellent way to leave a lasting legacy and provide support for generations to come. Thank you to the Edmonton Community Foundation for your ongoing support!

Thank you to our 2022/2023 Endowment Donors!

- Dr. T. A. Kasper Family Fund
- Laurette Braconier Tribute Fund
- Pat Garrett Legacy Fund
- Plishka Family Fund
- Rose McAllister and Deanna Nemirsky Old Friends Fund
- Walraut H Hein Memorial Endowment Foundation



Along with endowment funds, many of our donors choose to support WINGS by joining our Nest Egg Club. Our Nest Egg Club program is designed to recognize and honour those who have made provisions for a future gift through a bequest, beneficiary designation in life insurance, RRSP/RRIF, or trust agreement. Thank you to everyone who has chosen to support WINGS with a gift in their will.

Thank you to our Sponsors!

WINGS is fortunate to have the support of numerous corporate businesses through sponsorship of our events each year. We are so grateful for all of the incredible local businesses who provide annual sponsorships of our Wingman campaign, Mother's Day Tea, and Make Believe Ball & Online Auction. Thank you for your support!



Nominations Report

The WINGS of Providence Society Board of Directors is comprised of up to 15 members in accordance with the WINGS bylaws. We would like to thank all the Board Members for their hard work and dedication to improving the lives of the families at WINGS.

Resigning Board Members

Anna Mayer

Anna has had a passion for volunteering and helping others instilled in her from a young age. With two parents working in non-profits, these values were emphasized frequently at home. She was first introduced to WINGS through a previous board member, Heidi Watson through the annual Mother's Day Tea. After attending the event and hearing the impact that WINGS makes on women and children, she knew she had to be involved.

Anna is a registered Professional Engineer and holds a degree in Civil Environmental Engineering from the University of Alberta. Previously she worked at EPCOR, holding various roles in engineering, projects, and management within the organization. She currently works as a Product Manager at ATB Financial.

In her spare time, Anna enjoys spending time with family and friends, travelling with her husband Carson, and running with her dog Remy.

Anna was appointed to the Board in November 2020 and sat on the Community Engagement Committee where she became Chair in 2022.

Sr. Rezebeth Noceja

Sister Rezebeth was born and raised in the Philippines and is the oldest of four children. She came to Canada in 2008 as a skilled worker and eventually became a naturalized citizen in 2015. In 2016, she discerned to respond to the call to Religious Life and entered the Congregation of the Sisters of Providence of Montreal in Western Canada.

Upon entering the Sisters of Providence, she began volunteer work assisting chaplains at Edmonton Remand Centre; teaching conversational English through the Grocery Run Project. These experiences led her to pursue a Bachelor of Social Work through the University of Calgary.

As a fresh graduate social worker, she is now working with Multicultural Health Brokers Co-op as a Cultural Broker for Filipino families involved with Child Protective Services.

Sister Rezebeth started her appointment to the Board from the Sisters of Providence in June 2022 and sat on the Governance & HR Committee.

WINGS would like to thank Anna and Sister Rezebeth for their time on the Board. We wish them the best of luck.

The Governance & HR Committee is pleased to report that 13 of the 15 Board of Directors positions will be filled:

1. Heather Beyko, appointed to the Board in October 2022

Heather attended Mount Royal College (now Mount Royal University) where she studied Technical Communications, earning a Bachelor of Applied Communications. In deciding to expand her professional endeavors, Heather upgraded her Bachelor of Applied Communications to Bachelor of Arts in Communication Studies from the University of Calgary. This was followed by an Articling position with Calgary Legal Guidance. Since completing her articles, Heather has worked at a small firm in Calgary, as a Crown Prosecutor in northern Saskatchewan, and at Ackroyd LLP in Edmonton. Heather's full bio is available on our website.

2. Jennifer Ingledew, appointed to the Board in October 2022.

Jennifer completed her Bachelor of Commerce Degree at the University of Alberta as well as a Chartered Accountant designation while working for the Federal Government. Jennifer's accounting career has taken her through public practice, the automotive industry, retail controllership with Poppy Barely. Now with Red Seal Financial, she consults with small to medium businesses, helping to optimize their operations and internal accounting practices. Jennifer's full bio is available on our website.

3. Marcia McDonald has agreed to stand for re-election for a 3-year term.

Marcia has spent many years in Project Management and Real Estate. Throughout her career her main focus has been in the commercial construction industry. She has worked with a large group of project teams across Canada on project execution, along with mentoring, and training new hires. She has a proven history of streamlining processes, improving efficiencies, and ensuring projects are completed on time and on budget. Marica's full bio is available on our website.

Therefore, the Governance & HR Committee proposes election of the following people for a three-year term each, bringing the number of Board Members to 14:

1. Heather Beyko
2. Jennifer Ingledew
3. Marcia McDonald

(a WINGS' member will second this motion and a vote will be carried out)
These nominations were duly submitted in writing 30 days prior to the annual meeting.

Submitted by the Governance & HR Committee

Once all nominees are elected the WINGS Board of Directors for the 2023-24 fiscal year will be:

- Heather Beyko
- James Cregan
- Pat Garrett
- Suzanne Harbottle
- Jennifer Ingledew
- Parm Johal
- Anani Klutse
- Marcia McDonald
- Ashley Moisey
- Jennifer Morrison
- Dr. Moira Walker
- Carmen Werbowetsky
- Tami Wetmore

Thank you!

Please consider supporting WINGS today.

Your support helps heal the whole family by providing:

- Safe, long-term housing
- Wrap-around support services
- Counselling, social and youth programs
- Early learning childcare and daycare

wingsofprovidence.ca



To receive a copy of our full Audited Financial Statement, please visit our website or contact our accounting department.



P.O. Box 32141, Edmonton, AB T6K 4C2



780-426-4985



wings@wingsofprovidence.ca

wingsofprovidence.ca



Charitable Registration # 119 300 549 RR 0001